GOVERNOR'S SECRETARIAT ARUNACHAL PRADESH ITANAGAR

PRESS RELEASE

FIRST LADY PARTICIPATES IN IDY PROGRAMME

The First Lady of the State Smt Neelam Misra participated in the International Day of Yoga celebration at Raj Bhavan, Itanagar on 21st June 2018. The programme was an all women initiative for making Yoga practice popular with the women, particularly girl child of the State.

Women from all walks of life, including officers and officials, Brahmakumari and girls students from Vivekanada Kendriya Vidhyalaya, Chimpu joined the First Lady in 'All ladies' Yoga programme.

Team from Art of Living, Jullang led by Smt Tadar Taine conducted the Common Yoga Protocol.

The participants further interacted over a high tea on ways and means to make Yoga popular amongst the people.

PRO to Governor Arunachal Pradesh ITANAGAR, June 21, 2018